THE Lions' Pride
OF SAINT LEO UNIVERSITY

FRIDAY, OCTOBER 6, 2006 VOLUME XXXXIII NO. 3 SINCE 1965

Today

Wear Jeans to Fight Cancer
During National Breast Cancer Month, Lee Jeans encourages millions of people nationwide to wear their favorite jeans to work. Page 3

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The Best Practice is Prevention
Dr. Harold E. Shinitzky, a prominent psychologist, gave a presentation about preventing substance abuse in adolescents as opposed to dealing with the treatment. In addition to his lecture, read an interview with Shinitzy. Page 6

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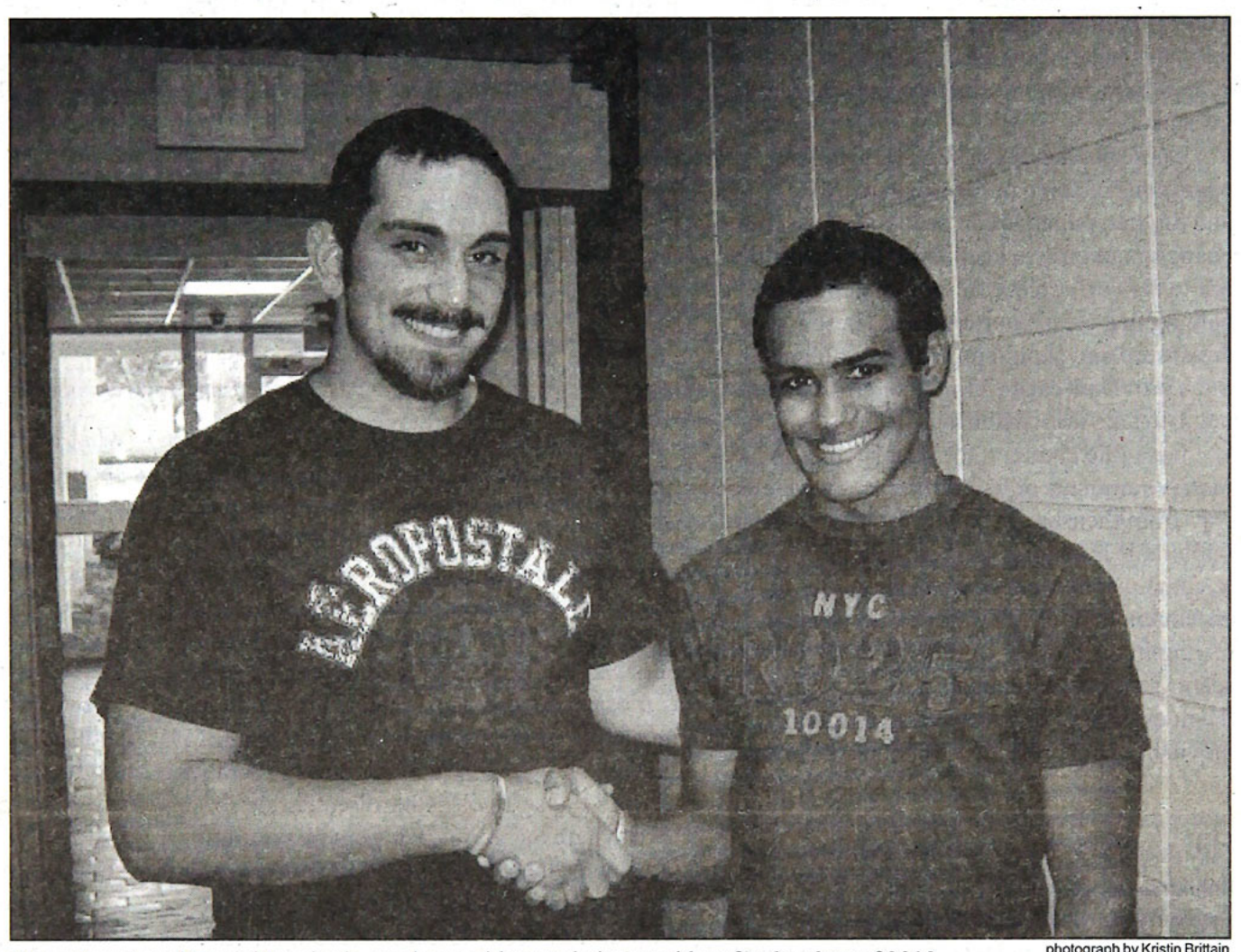

Steve Cronis and Daniel Izquierdo are the president and vice president for the class of 2010

photograph by Kristin Brittain

Freshman class elects Cronis and Izquierdo

BY KRISTIN BRITTAIN
Lions' Pride Staff Writer

A few weeks back, the campus was littered with "Vote for me" posters, and supporters where handing out candy and pleading for students' valued votes.

Well, the ballots are in, and the freshman class of 2010 is pleased to announce the president and vice president as Steve Cronis and Daniel Izquierdo of the Student Government Union (SGU).

SGU sponsors many campus-wide programs each year, such as dances, lectures, comedians, musical performers, and other special events. They are always looking for students to get involved with planning and production of events.

Since both Cronin and Izquierdo had the same ideas, it was only natural they team up and build a solid promise to their fellow classmates. Both Cronis and Izquierdo knew when they entered college they wanted to be involved.

"Quality leadership, commitment, and communication within the class" are just a few of the aspects Cronis plans on bringing to the school. With prior experience in high school as a student government representative and other leadership positions, it was natural for him to run as president.

Upon his acceptance of being class president, Cronis expressed the responsibility he felt to run for the position.

"I believe those who have the power to do a good job have a responsibility to do it. Thank you for the honor of electing me as your class president. If you have any suggestions or comments that you would like addressed to the SGU, that is what I am here for," he said.

Izquierdo articulated the gratitude he felt toward his class for making him their vice president.

"Thank you for voting for me. It's an honor to serve as your vice president. I will do the best I can," said Izquierdo. His strong history of holding leadership positions in his high school career gave him the confidence and experience necessary for the vice president position.

Izquierdo was involved in student government in high school, and he was president of the Spanish Society and the Future Business Leaders of America. He plans on bringing new innovative and creative ideas to SGU. His dedication, motivation, and charisma qualified him to be vice president, but "wanting to set a legacy for myself here at Saint Leo is what made me want to run," said Izquierdo.

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Opinions

EDITORIAL

Be responsible for yourselves

BY KATELYN GAISER
Lions' Pride Staff Writer

Clumps of hair lay carelessly on the shower floor. Various pieces of garbage can also be found within the shower walls. Countless bugs have been discovered crawling everywhere from the shower heads to the curtains.

These are the disgusting and appalling conditions of some of the showers in Marmion and Snyder, which are in need of some serious changes, not only to keep its residents healthy, but to also offer piece of mind that they are bathing in a clean environment. These issues are absurd and should no longer be tolerated. Such problems can be eliminated if students begin to take responsibility for themselves.

It is quite common for young ladies to have massive amounts of hair falling every which way from their heads; however, what is most intolerable is leaving that hair behind for others to come into contact with. Many of the showers contain random clumps of hair, usually resting in the corners of the shower floor. It seems as though no matter how many times the housekeeper disposes of the problem, inevitably within the next 24 hours, the problems arise again. The only way to solve this problem is to inform the residents that proper care needs to be taken of their facilities. They must take responsibility and clean up for themselves. If hair is brushed or lost in the shower, then it should be removed immediately. The RA's should inform people about this either through a hall meeting or on an individual basis.

The last thing a resident would expect when entering the shower is to find a spider the size of a toddler's hand crawling up the side of the wall. Unfortunately, this is the problem occupying the stalls on occasion. While spiders are only sited every so often, many tiny bugs can be found swarming the shower floors daily. It is important to remember that this is Florida. Bugs are bound to show up frequently no matter how often the showers are cleaned. However, there are things that can be done to keep the bugs out.

For instance, garbage should not be left in the stalls. The cleaner the showers are, the less interested the bugs will be. Therefore, students should be responsible enough not to leave anything behind that may attract more bugs. Many times, papers and wrappers can be found on the shower floor. This is most unacceptable because no resident is incapable of taking trash and disposing of it. In each shower room sits a garbage pail just outside the stalls. It is hardly a hassle to take whatever garbage a person accumulates and place in the pail. However, it has become apparent that there are residents who do not seem to care where their trash is thrown.

Perhaps the only way to fix this problem is to start fining the residents. There is no real way to figure out exactly who is leaving what on the floor; hence, each resident should be fined for the action. This way, everyone will have to suffer, and those who are leaving their garbage on the ground will think twice if they do not wish to be charged again.

It is essential for the residents of Marmion and Snyder to take care of their own facilities in order to maintain a healthy and safe environment in which to bathe. Each issue can be corrected as long as residents are willing to work together and follow the rules. No one wants to shower in an unclean place; and no one should have to pay for others' careless treatment of the facilities. Perhaps residents will learn to take responsibility for their actions and clean up a bit. As college students, the residents should be mature enough to take care of these issues without a stronger course of action.

No combat for women

BY ASHLEY LEAVITT
Special to the Lions' Pride (COL)

Throughout history, there has been a controversy on whether or not women should be allowed in combat. Women held military positions as nurses in the past, but were not allowed to fight on the front lines. I, personally, think that is a good rule, but in today's wars, there is not a front line. Being a female in the military and having been deployed, I do not think women should be allowed in combat at all. War studies have shown that women, in general, cannot handle the stress of combat as well as men. It is often a distraction to male soldiers to work next to a female in a non-sex environment. In addition, women tend to have more hygiene problems than men.

I have been through combat firsthand, and I do not think I could handle it again if I had to. I was one of the only females in my unit along with 400 males. The other females and I have all sought professional mental health; not one of the males I was deployed with has had any problems. I am often ridiculed by my male counterparts for having mental issues. I have fallen into the stereotypical military female who "just can't cut it." It bothers me to know that I help put a bad name on all the other females who can handle war. As I look at my life now, I can clearly see that war messed my whole life up. Females are not raised to comprehend and accept war, so why should girls go to combat?

In addition to mental issues, I was nervous about getting raped in Iraq. While I was there, many girls were raped by their own co-workers.

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Wear jeans on Oct. 6 for cancer awareness

BY CAITLIN CRAFT
Lions' Pride Staff Writer

October is National Breast Cancer Awareness month. Saint Leo University is making one more step by participating in Lee National Denim Day on Oct. 6.

Saint Leo has participated in numerous fundraisers to promote research for various diseases, such as the American Heart Association Walk and Walk for the Cure. This year, National Denim Day is being recognized to show the school's efforts to find a cure for this deadly disease.

Lee National Denim Day is the world's largest single-day fundraiser for breast cancer. One day each year during National Breast Cancer Month, Lee Jeans encourages millions of people nationwide to wear their favorite jeans to work. However, for those who are still young at heart, there are a few conditions. The jeans must not be tattered, torn, or frayed. They must be clean and presentable as something acceptable for work at the University.

Participants can make a $5 donation to support the fight against breast cancer and will receive a pink breast cancer pin.

According to their self-titled website, in 10 years Lee National Denim Day has raised more than $61 million in the fight against breast cancer. In 2005, people at nearly 30,000 companies and organizations wore denim on Lee National Denim Day. And now, Saint Leo will be added to that list.

The fundraiser has raised millions of dollars since 1995. This year, Lee National Denim Day has announced a second partner, the Women's Cancer Programs of the Entertainment Industry Foundation. Lee National Denim Day will support groundbreaking early detection and treatment research for not only breast cancer but to all women's cancers, as well as local community breast cancer programs nationwide.

Lee National Denim Day has spent time on education and awareness for participants and now to add to that they will put high emphasis on funding for research projects and tests to help find the cure.

This year the foundation has the honor of a well-known actor as their 2006 spokesperson, Pierce Brosnan. Besides this 007 addition to the day, NBC's "*The Office*" cast has also put away the suit and tie and decided to go casual in honor of the day.

University staff will be registering participants on Oct. 4 and will be collecting donations at the TGIF event Oct. 6 under the tent between Saint Francis and Saint Edward's halls. The office of the assistant to the president will also be collecting donations that week. For more information on how to get involved or how to donate, call David Persky at ext. 8291 or Dave Szymanski at ext. 8121.

It is events like this and others, such as the Walk for the Cure, that help scientists and doctors sprint toward a cure for these deadly diseases.

Greek life badges are a sign of pride

BY NIKII BROWN
Lions' Pride Assistant Editor

Members of Greek Life display their pride for their organizations in many ways. Dressing in business attire and wearing a badge specific to their sorority of fraternity is one way that sometimes gets overlooked.

Badges have different meanings for different organizations, but one thing that stays the same is the badge is an outward expression of the pride and history members have for their organizations.

"It represents our founding principles and our ritual which makes us unique. We call it DFS, dress for success day," Joshua Wethington of Tau Kappa Epsilon said.

That seems to be a common theme in organizations: getting its members ready for the business world. "It is in respect for our badge which is the most import symbol an initiated member can wear, but we also have badge attire though to learn how to properly dress for the business world," Amanda Davis of Alpha Sigma Tau said.

Though the badge has a national meaning, some of which is secret, each member has their own personal meaning.

"My badge is a symbol of hard work and the love that I have for my organization. It's a reminder that I have an extended sisterhood all over the nation," Ana Farrulla of Theta Phi Alpha said.

That's important because not all organizations on Saint Leo campus have badges or other chapters. There are national and local organizations, the difference is national organizations are found on other campuses, while local organizations are unique to one campus.

Some members believe they get a label being in an organization, and dressing up shows there's more to being Greek than parties and cool shirts.

"If you're going to label me, label me a TKE it's a positive label, it gives me a sense of pride," Wethington said.

Davis seems to share in the thoughts of Wethington. "It shows me everything I have learned at initiation and it is more important to me then letters on a shirt," she said.

The badge a member wears is more important than just what can be seen by the eye. Many have an explanation behind why they look the way they do. Again, some of this is secret an only open to members of the fraternity or sorority to know.

"It represents our fraternity in entirety; with our main symbol being an equilateral triangle. Each side represents our three core values; love, charity, and esteem," Wethington said.

For some organizations, badges are valued so much they are never to leave the possession of the member. They are not to be passed down to family members or sold on eBay, which may be the case with the technological advances of today. When a member dies, different things happen for different organizations.

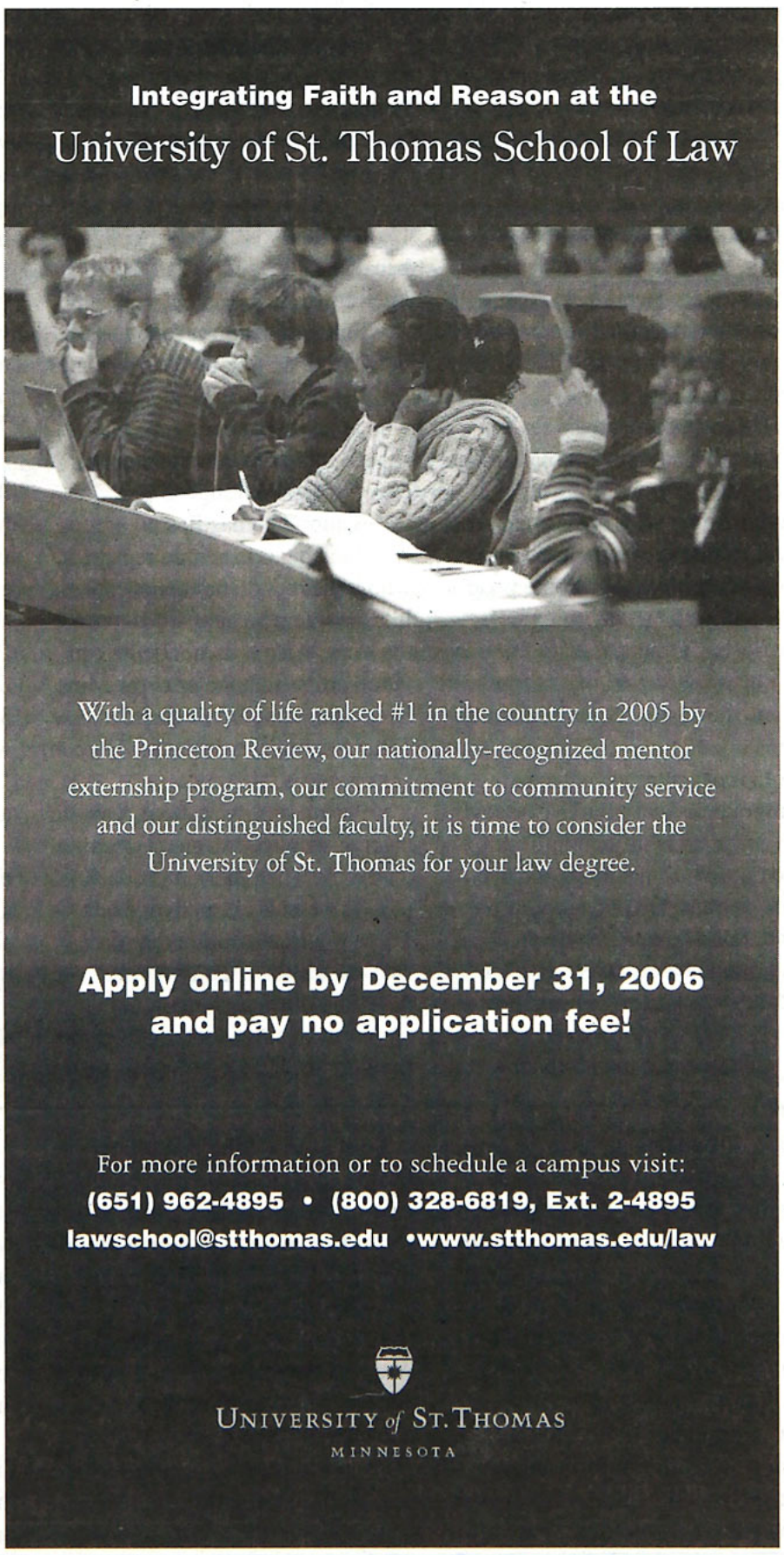
In Tau Kappa Epsilon, members wear a black ribbon under their badge for 14 days. If the member who died was a Grand Council member, then every chapter across the world wears the black ribbon under their badge.

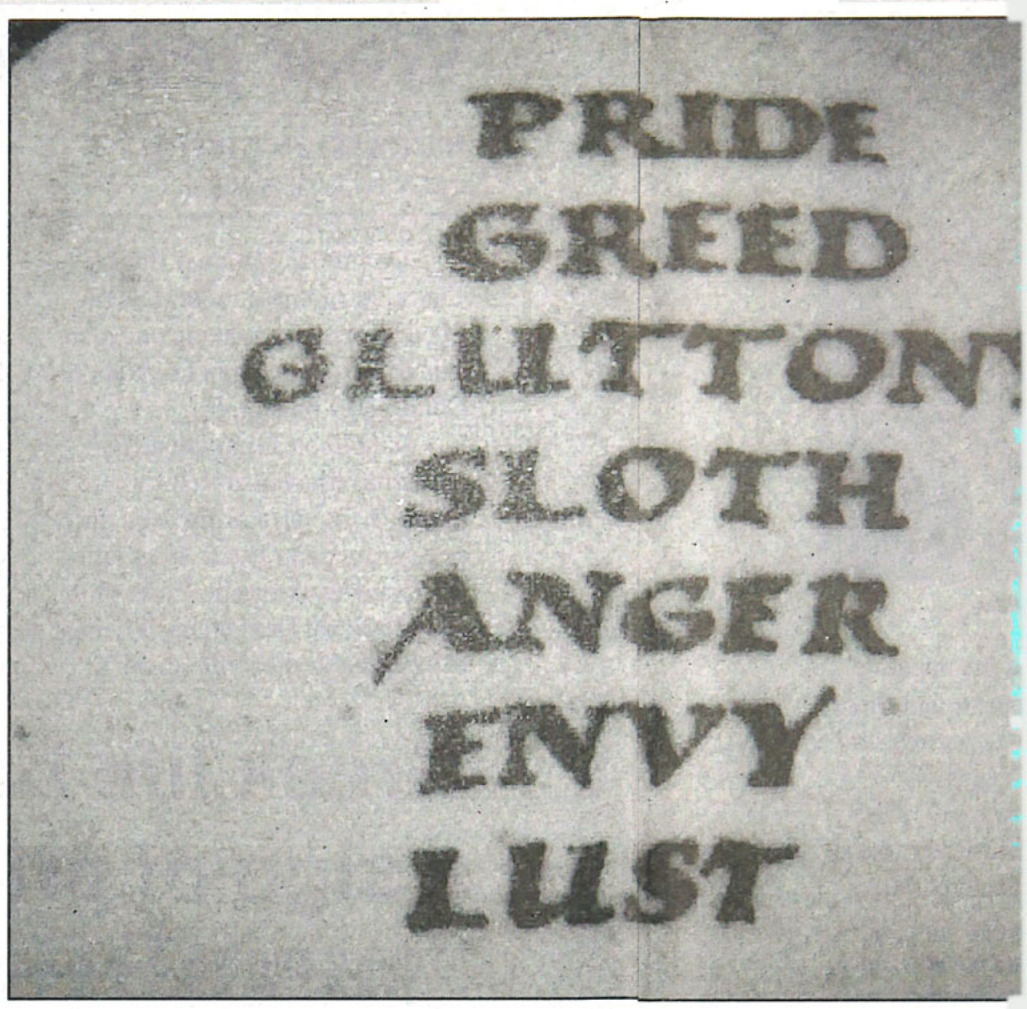
In Theta Phi Alpha, if a member dies there is a special ritual conducted and the badge of the deceased member is either buried with her or sent back to national to be put in archives.

"Some of our badges have ended up on eBay, but we have a program called Pearl Protectors, and our Nationals buy the badges back and put them into archives," Farrulla said.

Badge day is important to each organization and possesses special meaning individually, whether it is distinguishing them from other organizations or the history behind it.

"One of sororities' purposes is to teach women how to be better women of tomorrow," Davis said. Tied in with dressing for success, this is one way sororities and fraternities strive to do that.





Inked Up

BY JENNIFER THIMONS and SIMONE WILLIAMS
Lions' Pride Staff Writers

Although tattoos have been around for thousands of years, they haven't been as popular as they are today. At one point in time, tattoos were considered to be indecent and immoral in American society. Now, it seems to be the "thing" to do when coming of age. And, it's not just generation X that's getting tattoos, but more of the older generations, as well. Tattoos and the art of tattooing have become so popular there are even TV shows focused on them.

But, what are tattoos really? Technically, a tattoo is a mark made by injecting pigments into the skin. Some women with breast cancer use tattoos to turn ugly scars into beautiful works of art. Some people view tattoos as a way to express themselves. Others, mostly those in their teen years, find that tattoos provide an easier route for them to fit in.

In most cultures, tattoos are commonly used as marks of status, bravery, and identification. Tattoos hold numerous meanings and even more designs. No one tattoo is the same. For instance, freshman Adam Wethington has an interesting tattoo of the Seven Deadly Sins on his back.

"Tattoos are the ultimate way to define 'you' as a person and are generally unique. I know they are for me. I mean, come one, how many people do you know have the Seven Deadly Sins tattooed on their backs?" he said.

Indeed, there aren't many. But, why the deadly sins? Wethington believes having them on his back is like "a constant reminder that everyday we're all tempted and that we should surpass the temptations." He also likes his tattoos simple because it "leaves room for interpretation."

Sure, almost everyone has a tattoo, but are tattoos for everyone?

"Tattoos are more for people who are comfortable in their own skin. But they're definitely not for everybody," Wethington said.

Senior Thomas Poston agrees.

"Each tattoo should represent who you are. I do not believe, or like, people who get tattoos that are the same. Also, I do not believe in tattoo artists to trace or copy. Mine have been done by freehand. Tattoos should be different. They are my ideas," he said.

Poston has two tattoos. One on his right arm is of an angel sleeping on a rock. The other on his back is of God's hands clasped together. There is a transcription that reads "My destiny is in God's hands."

"I got the angel on my arm to represent an angel looking over my shoulder at all times. The one on my back signifies what happens to me happens. I've had some tough times and came through all of them in one piece. And, as it says, my destiny is in the hands of God," he said.

But, not everyone is a fan of tattoos. One common reason is because of the Ten Commandments, which state: "Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth." Many take these words to heart and are firmly against tattoos, whether they are permanent or temporary.

One such believer, freshman Chelsea Shoemaker, says, "I've thought on and off about getting one, but I've finally decided not to. I view my body as a sacred temple. It clearly says in the Bible that we shouldn't mark our bodies like that. Besides, tattoos fade to that ugly blue color. I think of myself in like 30 years and all I can see is an old, wrinkled tattoo. I don't like tattoos."

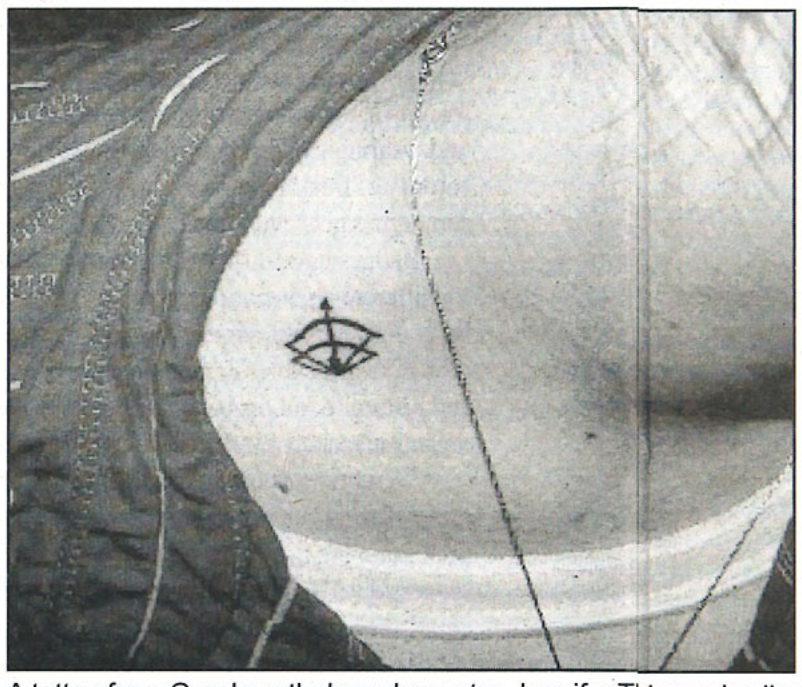
Sophomore Brett Traver used to agree with Shoemaker.

"I used to be so against them, but I wanted something to remind me of my grandmother that would always be with me besides just the memories," he said.

His tattoo, which is on his left ribcage, is just like a half moon with Chinese kanji on the top and bottom, two Chinese stars on either side and one on the bottom, and then a cross in the middle. The kanji spell out "Nana" on top, and "Forever Loved" on the bottom.

"One of the stars means that she was a great loyal wife for 55 years; the second star symbolizes that she was a great mother, raised three daughters; and the third star signifies that she was a great grandmother, raising my sister and I," Traver explained.

Another student, junior Ruth Chappell, doesn't plan on getting tattoos for other reasons. To her, tattoos are juvenile and unprofessional. And, it's true.



A tattoo from Greek mythology decorates Jennifer Thimons' collar bone, while a an tattoo placed on the back of her neck.

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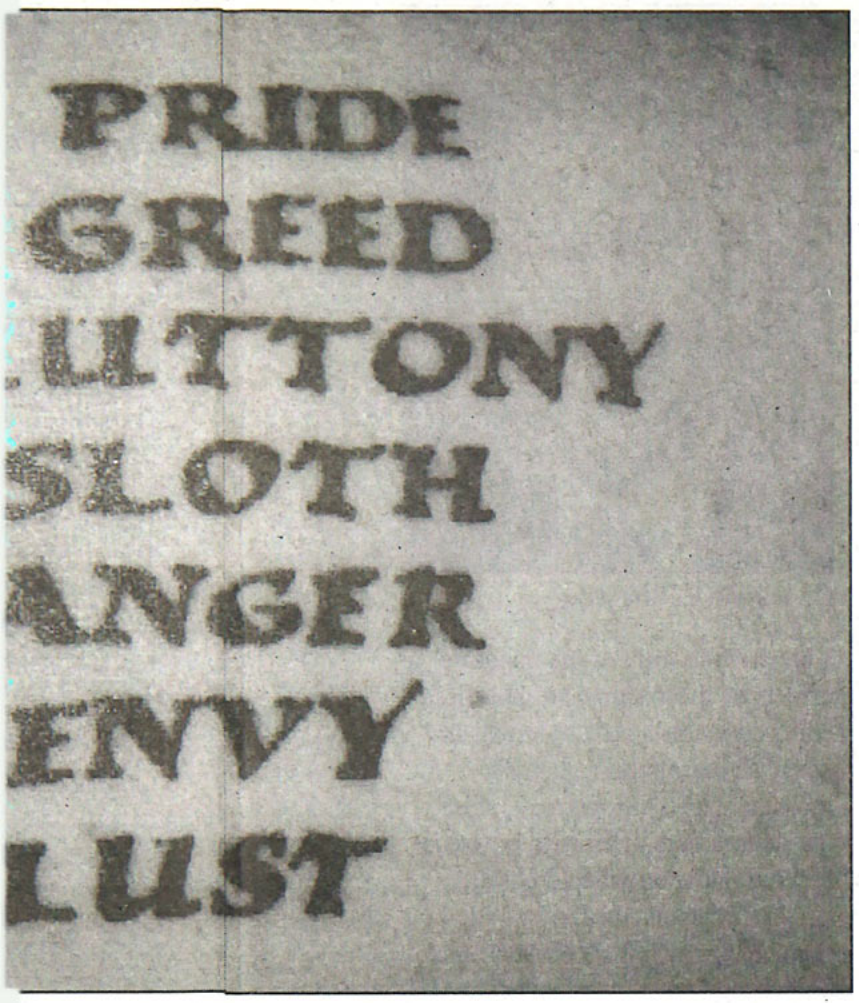
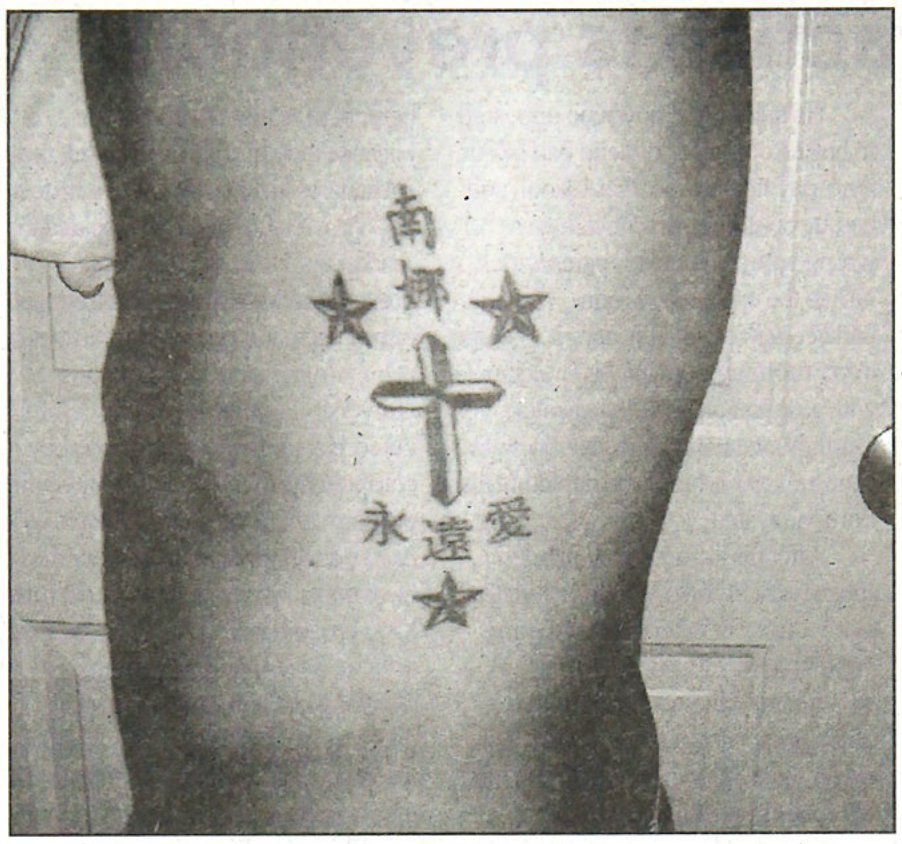
Combat Con't

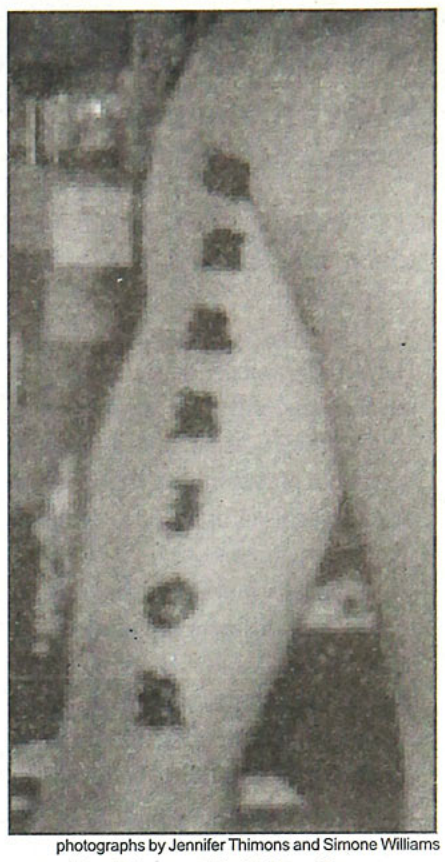
When 400 males are away from sex and satisfaction for seven months, it is a huge distraction to have one female. Men I would not have expected propositioned me countless times. Men in charge of me would openly flirt as if it was natural. My squadron finally made a rule enforcing that women could not go anywhere, even the bathroom, by themselves at night. This was a good rule to implement, but it still did not stop all the sexual action. I think in a situation like combat, when lives are at risk every second, men need to worry about living and not about having sex.

The last reason women should not be in war is hygiene. Women have a menstrual period once a month and require a place to discard a maxi pad or change a tampon. When I was in Iraq, there was no running water most of the time and no portable toilet for use. The other women and I would sometimes go our entire cycle without bathing. Pads and tampons would have to be changed behind a wall, and the old ones would be wrapped up in toilet paper and carried around until a trashcan was found.

Women have come so far throughout the years, and this may seem like a slip backwards, but I personally think women need to swallow their pride and agree. With so many women's rights groups these days, someone would probably be sued if they said women had to stay home. I am not old-fashioned, and I do not want to be the all-American homemaker, but there are safer things for women in the work force. The risks and hassles of a female going to combat are not worth it in my opinion.

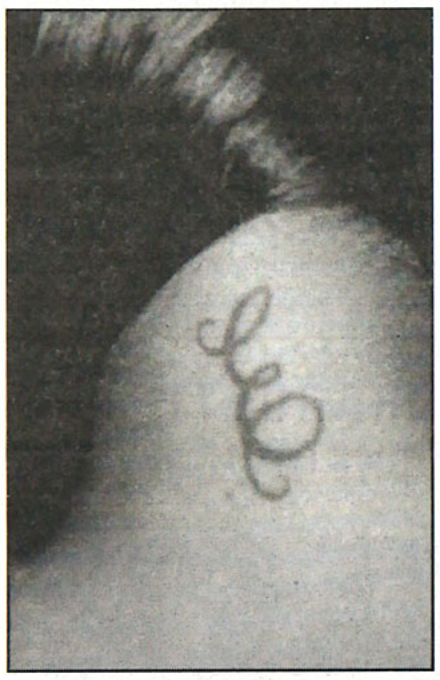






photographs by Jennifer Thimons and Simone Williams

Left to right: Brandon Jones has a tattoo of a cross with tribal flames to represent hell beneath it; the Seven Deadly Sins are listed on Adam Wethington's right shoulder bladeto remind him of everyday temptation; Brett Traver's unique tattoo is dedicated to his grandma and is located on his left ribcage; Brandon Jones has a second tattoo on the back of his left arm that spells out warrior.



orates Jennifer Thimons' collar bone, while a another student has her ck.

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Some employers disapprove of tattoos and view them as unprofessional. It is known that tattoos, especially in professional fields, can ruin chances at a professional career.

Traver agrees.

"I wanted it somewhere discreet, so I can work at a professional job. And, it's in a place where I can show others easily, and where I can see it daily to be reminded of my grandma," he said.

For those who do get tattoos, keep in mind they are permanent. They should be absolutely sure they want a tattoo and the tattoo design is the one they want. Tattoos can be removed to varying degrees, but complete removal is impossible. People should should try getting a temporary tattoo first to see if they like it. If they do, then they can get the real one.

"I love it, and I wouldn't take it back if I had to," Traver said. This is because the tattoo he got was immensely significant to him and his life. "I wouldn't recommend tattoos unless they are meaningful; they are addicting," he said.

Senior Brandon Jones doesn't regret his either.

"I don't regret any of them, even though my parents flipped out. I almost wish I had saved my money and gotten something bigger. I'm still thinking about adding on to the one on my shoulder, but not until I graduate. I don't want my parents to flip out again," he said.

Jones has three tattoos. The first one is of a cross with tribal flames under it on his right bicep.

"I always wanted a tattoo, but I'm not really religious. I've just always had a fascination with crosses," he said. His parents didn't know at the time, and they flipped out when they first saw it.

"Especially my dad. He's crazy about money," Jones said. "I didn't think it looked bad, mostly the issue was money."

His mom was worried he'd get them on a spot that couldn't be hidden in the professional workspace. Fortunately, Jones kept that in mind when he got his done.

He also has a tattoo in Old English style letters spelling out "Warrior" on the back of his left arm.

"I wanted a word that would describe me. I thought about warrior, and I've been through a lot in my life. But, I was a warrior because I never got into anything, never went to jail, and I'm a warrior on the soccer field. I just thought it described me best," said Jones.

Jones recommends people wait until they "have enough money and are totally sure" of what they want before they get a tattoo, "but not if you just want one. Get something that's going to mean something for the rest of your life or has deep meaning to you."

Danielle Stanzione, also a senior, has two tattoos, one on each hip. They depict beach scenes, one with a palm tree and the other with a sunset and seashells. The tattoos are significant to Stanzione because of the way she feels towards the beach.

"I love the beach. I'm a beach bum at heart. I have saltwater running through my veins," said Stanzione.

She says the tattoos will always remind her of the time she spent in Florida, regardless of where she ends up in the future. However, Stanzione recommends getting tattoos "only if you've wanted something for a really long time and there's a reason, not just because everyone else is doing it and you go pick a design off the wall. I hate trendy ones, but I love custom ones and especially ones that have meaning behind them."

Regardless of any reasons for getting one, if people haven't gotten a tattoo yet, and want to, they should keep a few things in mind. They need to be sure when they walk into the tattoo parlor, it's safe and sanitary. Look for biohazard waste containers for broken or old needles, and an autoclave to sterilize the tools. Also, make a note as to whether or not the tattoo artist washes his hands before each client and wears latex gloves.

Also, after getting the tattoo, make sure to take care of it properly. Some artists recommend keeping the tattoo away from moisture for up to 24 hours. Others recommend washing it and refraining from exposing it to the sun too much.

Whether or not people end up getting a tattoo, just remember they are permanent and sometimes seen as unprofessional. They are costly and sometimes painful. It is the general consensus that tattoos should be meaningful and significant, so people should think before they act.

FRESHMEN CON'T

According to the SGU website, "the Student Government acts as the voice of the student body, presenting suggestions and concerns to Administration. We sponsor fun activities for the student body, as well as events like leadership conferences and community service day."

With this in mind, the pair has many ideas for this year. They plan on co-sponsoring a Halloween Horror Nights trip to Universal with the Campus Activity Board (CAB). They are also doing other such things as cookouts, a dance, or maybe a super bowl party.

There are many plans in the works, but their campaign is not all about fun and games. There are many aspects of the school the two feel they should try to affect.

One of the biggest issues is the safety hazards riddled throughout the campus.

The students' safety is number one on their list of priorities, such as the broken security poles positioned throughout the campus. Cronis offers the example of the security poles on the path to Marmion/Snyder.

"They are covered with duck tape. Money should not be an issue when it comes to students' safety," said Cronis.

Furthermore, Izquierdo has a problem with the pot holes in the streets. He has recently noticed they are being filled in with sand bags. Not only is it hazardous to cars, but it is also very dangerous for the students.

With a lot of things to look forward to and having Cronis and Izquierdo leading the way for the class of 2010, it seems the freshmen class is heading in the right direction.

The best practice is prevention

BY AVRIL K. THOMAS
Special to the Lions' Pride

"Spend $1 in prevention and save society $28 - $60 for drug treatment and punishment."

This was the main theme of Dr. Harold E. Shinitzky, a prominent psychologist and guest speaker, on September 21, as he gave a presentation about preventing substance abuse in adolescents as opposed to dealing with the treatment.

Shinitzky introduced the audience to the many different drugs adolescents in middle and high schools are exposed to, such as marijuana, inhalants, hallucinogens, alcohol, and cigarettes; inhalants are the most abused substances because they are easy to access.

He spoke of a boy who appeared to have a constant cold and bad odour. One day he became ill at school, and no one could figure out what was wrong with him until his parents took him to the emergency room. The boy had been going into his parent's garage every morning, soaking his "cold rag" with gasoline, and sniffing gasoline throughout the day. The gasoline was eating away his brain and depleting his immune system.

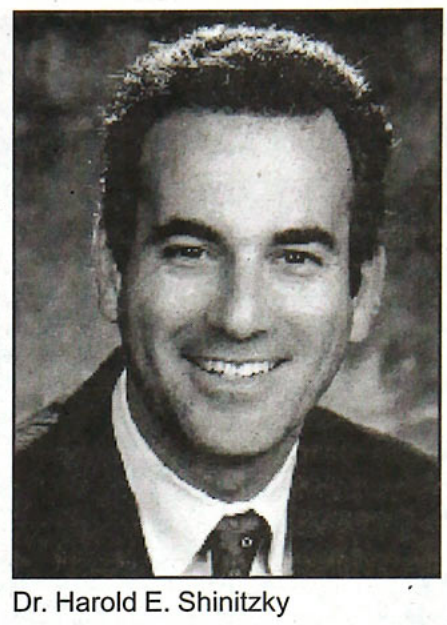
After his introduction of the substances, Shinitzky talked about the many different deterrence programs implemented by his team to help adolescents. He said that although all of the above drugs were readily available to children in middle and high schools, only ten percent of them actually used. He also found that 88 percent of students did not use because they disapproved or felt the substances were potentially harmful.

As a result, Shinitzky decided to market that point of view in his prevention campaigns. He introduced one of his major prevention campaigns at his Alma mater, John Hopkins University, along with the successful outcomes of the program. The key components to a successful prevention program are: it must be research based; developmentally appropriate; have normative education; and it must have broad-based skills that foster self-esteem, assertiveness, character development, communication skills, decision-making, goal setting, conflict resolution, and feelings identification in the children.

Shinitzky did not just equip the audience with a new outlook on substance abuse issues, he advised the group that the best approach is to have a combined effort of "just say no" and good marketing skills when talking to adolescents who deal with negative peer pressure on a regular basis.

"The same way tobacco companies advertise to gain a new 3000 smokers for the 3000 that die on a daily basis from tobacco related illnesses, the same way we need to advertise the truth of the negative effects of these drugs so that these children's sense of disapproval and potentially harmful thoughts will increase and so they can say refuse these substances," Shinitzky advised.

He also mentioned if children smoked or drank, the likelihood of them using marijuana was 65 times higher than those who never smoked or drank. However, he did reassure the audience that most children did not fall into this category, and once children feel confident about themselves, they are less likely to use drugs as a means of consoling themselves or addressing their problems.


Dr. Harold E. Shinitzky

The man behind the mind

BY ASHLEE MASULLO
Lions' Pride Staff Writer

In attempt to teach people the dangers of substance abuse, Dr. Harold Shinitzky, a prominent psychologist and president of the Florida Psychological Association (Pinellas chapter), opted to lecture at Saint Leo University on September 21.

I met Dr. Shinitzky an hour before his speech. Although he was wearing button-down, formal clothing, his attitude was very positive. He even complimented me on my mismatching shoelaces. He drank Sprite Zero, and we laughed most of the time.

Q: How often do you speak at colleges?
A: Well, I frequently speak, but only quarterly at colleges. Different universities- state, national, international.

Q: How do you feel about speaking at Saint Leo?
A: It's an honor. I was introduced to everyone, and I feel the area is very warm. I'm very excited to be here.

Q: What kinds of feelings are you hoping your audience will have after your lecture?
A: I hope they're not overwhelmed. I hope they'll have county-based statistics. I hope they come away with reality and a sense of a single high risk. I hope they learn what peer pressure can do to you.

Q: Do you have any words for the freshman at Saint Leo? Words of Wisdom?
A: Moderation. The concept of moderation. Be aware of consequences that naturally occur. Some might become serious. Be aware of the damage substance abuse does to the brain and frontal lobe. I mean, the frontal lobe is basically in control of your planning and future. Drugs and alcohol damage that part of your brain and can ultimately destroy your future.

Q: What made you decide to become a psychologist?
A: I watched a child get hit by a truck at the age of 13. I ran over to help, but he had already passed. I asked my parents if there was anything I could do to help people. I went with my mother to help the cognitively impaired, and my parents introduced to me psychologists of many different areas. I chose my profession at the age of 15.

Q: Who influenced you the most growing up?
A: My parents were great role models. My father was a federal judge and set high standards. My father volunteered, and my mother was part of a non-profit organization.

Q: Do you have anything to say to those who want to become a psychologist or are interested in your field?
A: Volunteer. Expose yourself to sub-specialty professions. Learn everything about them and what you want to be. It's not one-size-fits-all.

Q: Anything else you'd like to say to the people of Saint Leo University?
A: Embrace life. Whatever you chose, embrace it with passion.

HAGGARD GRADUATE SCHOOL OF THEOLOGY

Angie Horn-Andreu, M.Div., '07
Director, High School and College Ministries,
Forest Home, Forest Falls, California

LESSON LEARNED: No question threatens God.

MY STORY: Imagine this – a 16-year-old comes up to you and asks how God, who is supposed to be loving, allowed his friend to die in a car accident. How do you begin to answer this? I'll tell you how I do it.

To learn more about Angie's inspiring story and explore the theology programs offered:

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AZUSA PACIFIC UNIVERSITY

Arts & Entertainment

Danity Kane: Catchy songs & lyrics to shake to

photograph from Danity Kane' official myspace page

BY NIKII BROWN
Lion's Pride Assitant Editor

From the hit MTV show, *Making The Band 3*, emerged five women who Sean "P Diddy" Combs brought together to form the new hit group Danity Kane.

These five women are better recognized as Dawn Richard, Aundrea Fimbres, Shannon Bex, Aubrey O'day, and Wanita Woods. With the stigma about reality-based music groups, the question stands, "Can these women really sing?" That question was answered while watching the three seasons it took to get this band together. There's no doubt that some voices are stronger than others, but these women are more than just pretty faces.

The self-titled album dropped August 22 about four months after the band was revealed and the first single, which was recorded before the album was even put together, was performed live. "Touchin' My Body" was the first glimpse of Danity Kane the music world had. It didn't give much insight into what the girls could really do vocally, so when the album dropped, it was the real test.

The hit single "Show Stopper," was the first off the finished album. It has a great beat and incredible bass that will make the mirror in the car drop all the way down. The song itself is one that will stay in the listener's head for hours after she's heard it because it's fun to sing along and dance to. The only setback is it's hard to know what they're singing about.

In the song, they are driving down the street in a car they don't even own yet. "Put in the keys make the engine purr/ three in the back one in the passenger/ slow creeping 'cause we look that fly all the boys trying to taste our candy ride." The song is ring tone worthy; it just has no depth.

Of course, new artists don't have much say on their first album. Hopefully, these girls will get a second chance when they can do their own music. The songs are catchy with good beats compliments producers, such as Timberland, Jason 'Poor Bear' Boyd, and Scott Storch, but the lyrics are mostly those to shake to. "Heartbreaker" is another track that sounds good, but it just doesn't do anything for the women's voices. It has a nice acoustic guitar, making it pleasing to listen to, but it still leaves the listener waiting for more.

Tracks "Hold me Down" and "Ohh ahh" are noteworthy, definitely more club tracks, but with an unforgettable chorus. "Sleep On It" is a definite hit single; it hits what club hoppers are experiencing when on the crowded dance floor. "I'm ain't tryin' to be rude/but you're the third guy tonight that came at me like this/ you see I'm trying to be cool/ but these dudes keep grabbin' me they keep on grabbin' me."

There are a couple of slower tracks that actually draw the listener in. "Ride for you" is a track where the listener can hear and feel the emotion put into the song. Lead vocalist Aundrea was experiencing relationship problems during the recording of this track, and she captures her emotions perfectly. "Lately I've been tryin' to fight whatever's pulling us under/ it's got a hold and really making me wonder/ what it takes to get through/I've got to stick with you/ my baby." This track finally lets the listener hear what abilities the women have as artists. More songs like this and Danity Kane could be heard for a while. The emotion pulled from this song gets stronger as the song goes on. "Let's take it back to three years ago/ when you said that we could make it through whatever ever/ and to me it sounded like forever ever/ leaving was not an option baby never never."

"Stay With Me" is another slow track worthy of a listen; it's not as deep as "Ride for You," but it has some passion in it as well. These slow tracks are what some listeners can relate to on more of a daily basis.

This album may get by on the hit club tracks, but to stay in the limelight, Danity Kane is going to have to produce more meaningful tracks. Rappers get by throwing out lyrics about their cars and "bling," but is the world ready for women to sing about it?

Film society returns on Thursdays

BY JESSICA GRUBB and JESSICA SWANSON
Lion's Pride Staff Writers

Thursday nights for most students come a little slower each week. As another week at Saint Leo University winds down; Thursday is usually the beginning of the weekend for many students.

Most students synchronize, and on Thursday nights they either study, party, get caught up on sleep, or go to Ybor city for college night. However, a few individuals are going beyond the normal Thursday night routine and meeting for Saint Leo's film society meetings.

Taking back its same time from last year, the film society will be meeting every other Thursday at 6:30 p.m. in The Southard Room in Cannon Memorial Library. The first meeting took place on September 28.

Last year's film society featured many controversial classics for viewing pleasure, and they were complete with a follow-up discussion.

"There are not many theatres around, and it's hard to get a quality film—even in Tampa because many of the theatres are playing the same thing," said Dr. Donald Pharr, who oversees the film society with Dr. Charles Grimes.

This year, however, it is no surprise that the movies just keep on getting better, featuring films such as *Kiss Kiss Bang Bang*, *Hotel Rwanda*, and *Hell's Highway: The True Story of Highway Safety Films* and, *The Lost Skeleton of Cavadra*.

"The film society was created to show movies people would be interested in or want to go see, but were unable to do so because they had either never heard of them or had missed the chance to see them in theatres," said Pharr.

Although a grand opportunity to get involved and view some great movies, many are still hesitant to join.

"I've heard about it from Dr. Grimes. Although it sounds great, it's very difficult because I am involved in so many other activities," said freshman Chelsea Shoemaker.

It's not mandatory, but it will be a great experience even if students only attend a couple of times.

"We have fun," Dr. Pharr said when asked how he felt overall about the club.

SLU Film Society

The SLU Film Society meets every other Thursday evening to view a film and enjoy light refreshments.

Here are some of the films we will be watching this semester:

* *Kiss Kiss Bang Bang*
* *Hotel Rwanda*
* *Hell's Highway: The True Story of Highway Safety Films*
* *The Lost Skeleton of Cavadra* (for Halloween)

Call Dr. Donald Pharr (8280) or Dr. Charles Grimes (8401).

Sports

Saint Leo Golf Optimistic With Season Hopes

BY JOSEPH GENTILE
Lions' Pride Staff Writer

Who needs the Ryder Cup when you have Saint Leo golf?

The men's golf team's first event took place September 25 - 26 at Johnson & Wales University. This year the team is older, more experienced, and has played together for a while. They know how to work together and also as individuals. Golf is both a team sport and an individual sport; golfers want the team to win as a whole ,but they want to stand out by themselves as having a good match.

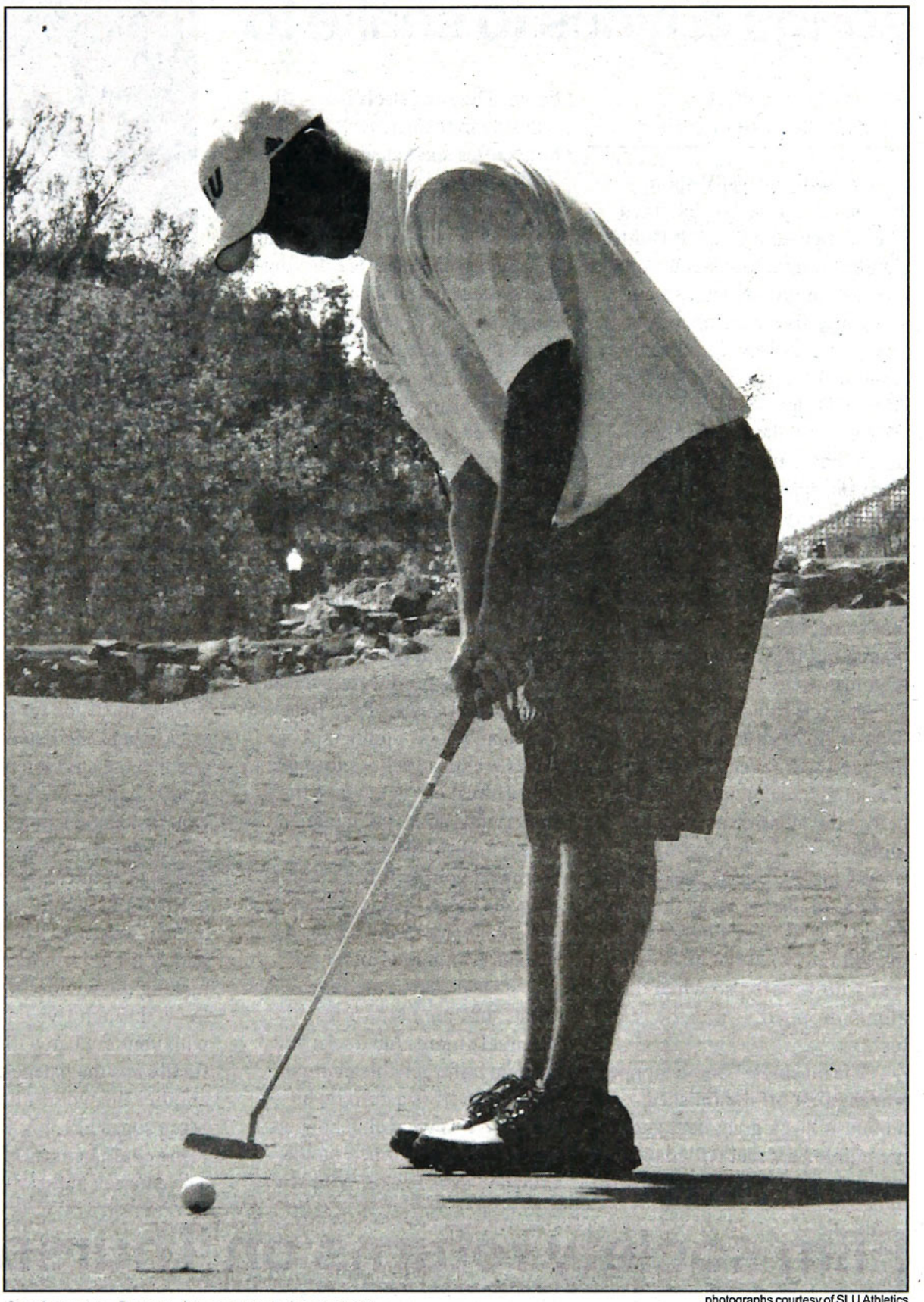
Those are just some of the things that make a good golf player. The other factors that come into play are the things Coach Cisbani has taught the players. The first and most important thing he teaches his players isn't even taught on the course. Cisbani wants his players to understand the knowledge of the game and how to take a good approach to it.

"You have to understand how to play the game. First, I teach them what to do on the course and understanding the game, then I take them out on the course to play," Cisbani said.

Once they do hit the green, the team is broken up into two groups. One group goes through the course playing a short game of three holes while taking notes on how they played. The other group stays behind and works with the coach on either the driving range, the sand traps, or chipping.

Out of the 9 players on the team, only 6 are taken to play in the matches. This makes it very competitive for the players because they have to shoot a 76 or better to be considered for the next match. Once the 6 are chosen, only 4 of them are picked to play in the match and have their scores count towards the team score. The other two players play (independently) on the course, and they have the chance to win individual awards and honors for themselves.

With the team Saint Leo has this year, it should be very competitive on that course to win a spot on the starting line. The team has high hopes for this season and is expecting to go far and to at least make it to the conference match ups. One of their standout players is sophomore Bryan Jonasson. He was the first player recruited for the team when Cisbani took over in 2004. Bryan said he has high hopes for the team this year.



Sophomore Bryan Jonasson takes a put.

photographs courtesy of SLU Athletics

"We have a lot of talent coming back this year with a lot of experience. We are expecting to go far," he said. Bryan also added that they should be able to make it to the conference easily and win there too.

The women's team also started their season on the same day. However, the women's team is the complete opposite of the men's team. The women have all young players on their team: two freshmen, three sophomores, and one junior. Their oldest player is Junior Mallory Rausch, who will now take on the role of leader by showing the younger girls the ropes.

"Even though four of us are returning and two new girls have been recruited into the program, we are still a very young team," Rausch said.

She looks at this year as a learning experience by bringing the team even closer together and getting better for the next season. With such a young and inexperienced team, this is a good and positive outlook to have. This doesn't mean that Coach Villegas is going to take it easy on the team. She has changed her practices from playing only 9 holes to playing three 9 holes on Plantation Palms where they practice. Since this is such a small team, she can go out with the players on the course and watch them as they play through. Villegas was very pleased with how the younger girls were playing.

"Going out there with the girls, I can see that the sophomores are showing more confidence as the days go on," she said.

One of the things Villegas instills in her players is the need to have mental toughness when they play this game.

"When the girls get out there and play, they have to realize they are small fish in a big pond. The game requires a lot of mental toughness to go out there and play your best," she said.

This season seems to have a rough path laid ahead for the girls, but if they can understand how to become mentally tough, then it will be a good learning experience. They can all come out of it better players knowing what they will have to do for next year.

Jacob Halligan in a follow through